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Barnsley
Clinical Commissioning Group



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Transition Report 2018 - 2019

How students feel about transitioning from school to college

Summary

CHILYPEP and Mindspace have been working together along with CHIL Peer mentors in Barnsley college and six form and Mental health Ambassadors in schools to find out how students feel about transitioning from school to college.

We developed a short survey which gained 310 response from schools all over Barnsley telling us about students worries, barrier, hopes and support. Mental Health Ambassadors and CHIL peer mentors have come up with new innovative ways to make transitions easier, supportive and more fun!

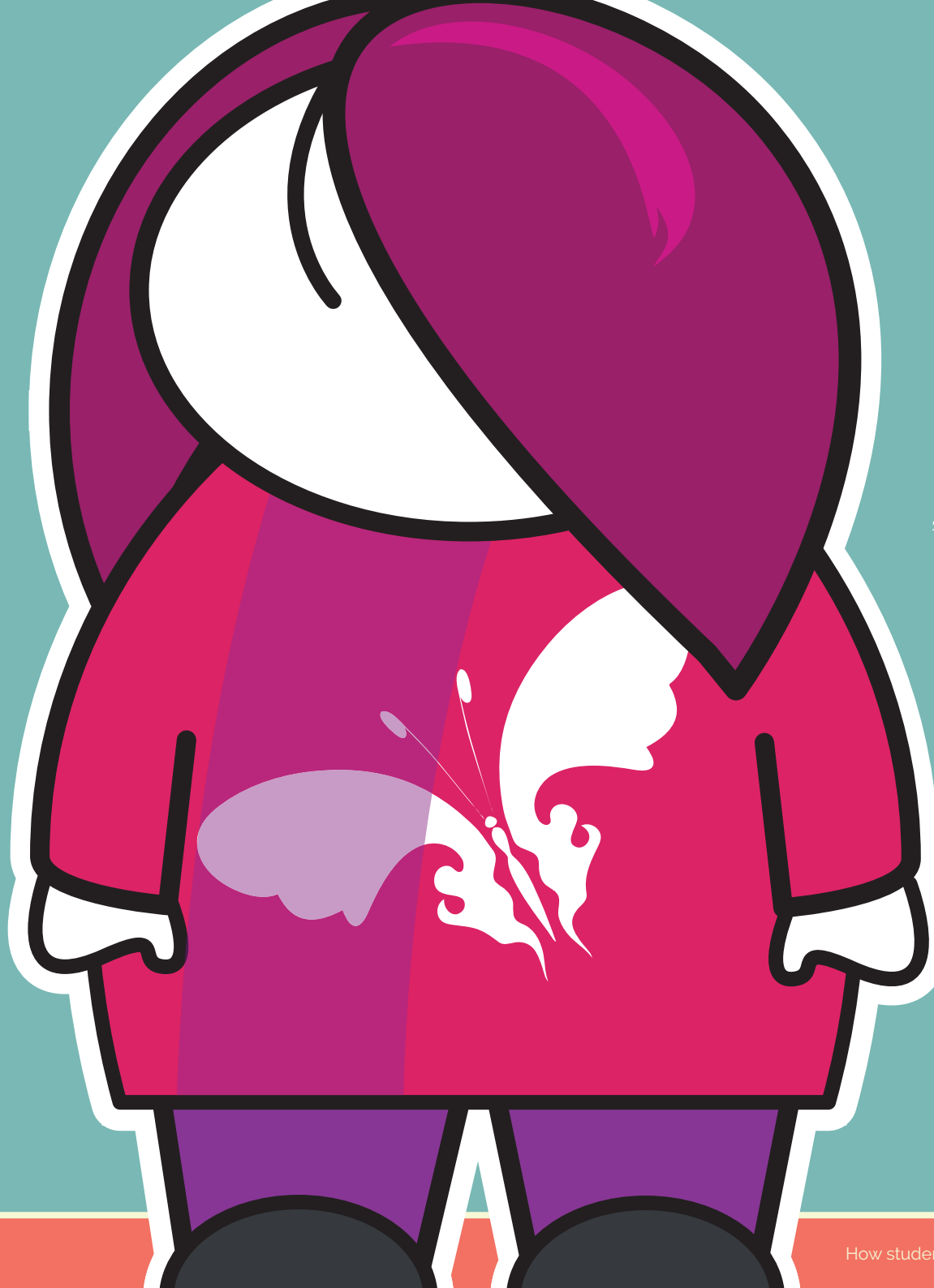
What did we find?

Students were worried about:

- ▶ Getting the right grades to get on their course.
- ▶ Picking the right course for them.
- ▶ Meeting new people.
- ▶ Having no friends.

Barriers were:

- ▶ Their own mental health, depression, anxiety, paranoia.
- ▶ Transport, traveling and the distance to and from college.



Students were looking forward to:

- ▶ New experiences.
- ▶ Being independent.
- ▶ Learning more about subjects they like.
- ▶ Meeting new people.
- ▶ Making friends.

Though meeting new people was one of the biggest worries, it is something students are also looking forward to the most, we focused on ways to support this, to make it a more enjoyable and easier to do.

Recommendations

Organisation / welcome pack: with information about college and wellbeing support.

Transition week / days: to get used to the environment, meet people on your course and teachers in a more relaxed way.

Summer school: ways for mentees and mentors to meet before starting, so they are supported from an early stage.

Meet ups and parties: before / during the beginning of college to meet friends with similar interests.