

# TOP TIPS

## For talking to young patients

- Always check it's ok to come in
- **Don't lie** - Tell me if it might hurt or things might take a while
- It's hard for me to ask questions sometimes, please check with me if I have any
- I like to know the **REASON** for things, it helps me to understand
- Encourage me to speak for myself
- Offer me the chance to speak without my parents in the room
- If you have to pass on information, **please tell me!**

## Victoria's Voice

are a group of young people age  
11 to 16 who have all experienced  
care at Blackpool Victoria Hospital

We have written these top tips for you because, we know that you have spent a lot of time learning and working to help make sick people better, it can be easy to forget what it's like to be young and ill.

We appreciate the work that you do, and hope you appreciate and keep this little gift to you.

**Thanks**

**Victoria's Voice.  
Youth Forum**

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